

Cryin' Pepper Fruit Salad

*from **In Our Grandmothers' Kitchens***

Ingredients:

6 cups chopped fresh fruit (preferably not berries; I used pineapple, cantaloupe, watermelon, and mango)
the juice of 1 large lime
cayenne pepper to taste (begin with a tiny pinch)
a pinch of sea salt (optional)

Instructions:

In a large bowl stir together the fruit and lime juice. Add a pinch of cayenne and taste the mixture. Add a little more cayenne if you think the fruit can handle it.

At the last minute stir in the salt. (I think it makes the salad a little sweeter.)

Serves 6.