

Eat Me! Apple Bread

*Courtesy of **In Our Grandmothers' Kitchens***

Ingredients:

1 cup canola oil
1-1/2 cups brown sugar, firmly packed
3 eggs
3 cups flour
1 teaspoon baking soda
1 teaspoon salt
1 tablespoon cinnamon
1 teaspoon baking powder
2 cups grated raw apple (packed a bit into the measuring cup)
1 cup raisins
1 cup chopped nuts (optional)

Instructions:

Preheat the oven to 350 degrees. Combine the oil and sugar, and beat in the eggs. Combine the dry ingredients and add them to the previous mixture. Stir in the apples, raisins, and nuts (if desired). Bake in greased loaf pans until a toothpick inserted into the center comes out clean (about 45 to 60 minutes). Makes 2 loaves.